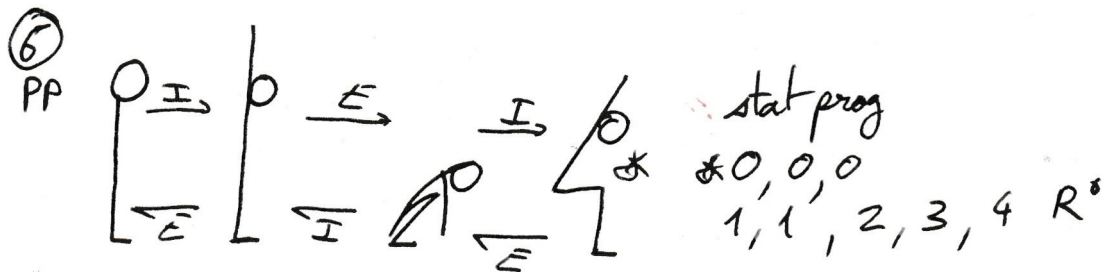
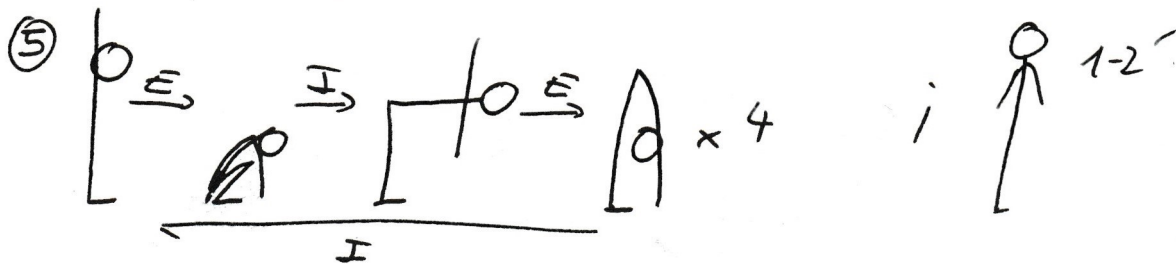
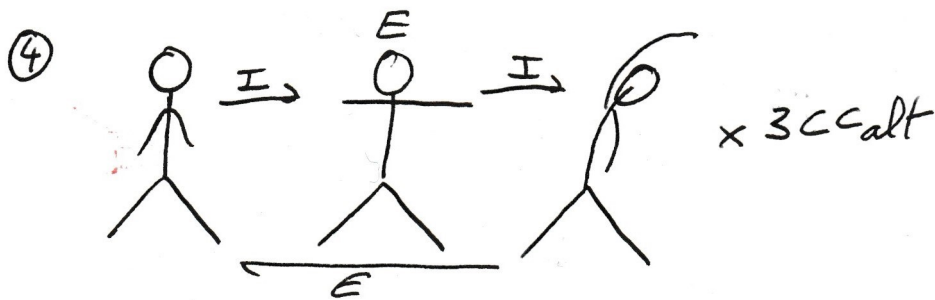
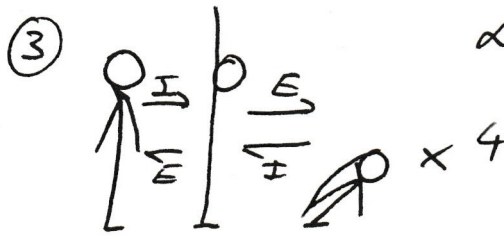
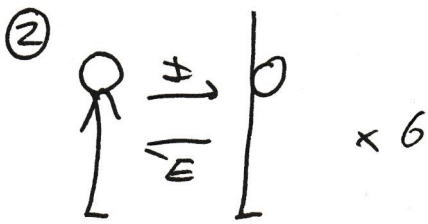
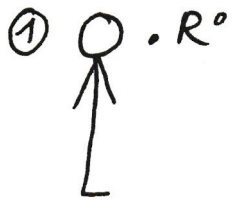


6 février 2021

"Stimulation, tonification des jambes et du tronc"  
La chaise



PP



ardha utkatasana  
"La chaise"

